

# A clear view on eyelid surgery



BRUSSELS  
EYE DOCTORS



# Eyelid surgery



# A clear view on eyelid surgery

Because of age, all parts of the body evolve, especially the face. The evolution of the eyelids is responsible for a tired, sad, and gloomy appearance. Your reflection in the mirror does not correspond to who you are in your mind.

Cosmetic surgery of the eyelids (blepharoplasty) is an easy way to correct this natural and inevitable transformation.

Why not do such a surgery?

The following information gives you a summary of the possibilities existing to improve such situations.

Each treatment will bring you one step closer to reaching natural and long-lasting results.



**B R U S S E L S**  
**E Y E D O C T O R S**



# Treatments for wrinkles

Two possibilities are available to correct, lessen, or even eliminate signs of age.

## 1. Botulinic toxin.

The botulinic toxin reduces the action of the face muscles responsible for the mimic, and consequently the wrinkles and folds of the face (« dynamic » action). Reducing (not paralyzing) the actions of those muscles produces nice, natural, and reproducible cosmetic results. It has an effect on the existing folds and wrinkles, but also prevents more wrinkles from surfacing.

The results are obtained 8 to 10 days after the injection and last up to 3 to 4 months. Main treatment areas include glabellar (brow furrows), periorbital (crow's feet) and frontal (frowns) wrinkles and folds.

## 2. Hyaluronic acid

Hyaluronic acid is a filler that corrects folds visible without any muscle contraction ("static" action). There is no effect on the muscle; it merely fills in the folds of the skin surrounding the muscle. Results are obtained 8 to 10 days after the injection, and last between 18 to 24 months. Main treatment areas are nasolabial and glabellar folds, and tear trough.

Botulinic toxin and hyaluronic acid are completely different concerning their actions. Therefore, they can be used complementarily on the same treatment areas.



## Upper eyelid surgery (upper blepharoplasty)



The loss of skin and muscle elasticities in the eyelid leads to a tired and sad appearance. This can be easily corrected by upper blepharoplasty, with very immediate and long-lasting results.

## Forehead lifting



Sometimes, the problem is not only the upper eyelids but rather the forehead with eyebrows that hang too close to the eyelids. This provokes or accentuates the skin excess of the upper eyelids. In this situation, a forehead lifting dramatically effects the face.



# Lower eyelid surgery (lower blepharoplasty)



Evolution of the lower eyelids is similar to that of the upper eyelids, and in this case it is usually associated to tear trough or even sometimes to an ectropion (eyelid turns outwards, exposing unaesthetically the inner face, red, of the eyelid).

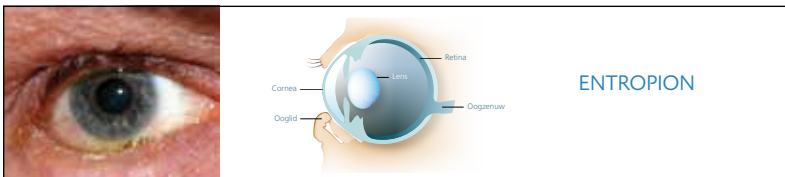
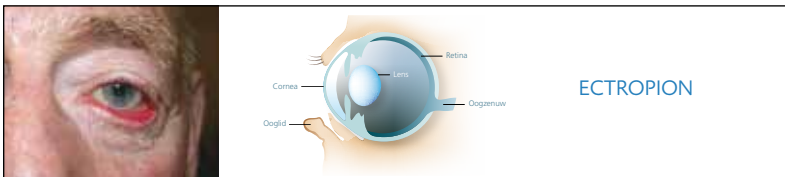
Lower and upper blepharoplasties are performed under local anesthesia.

# Other eyelid surgeries

Other clinical situations that can be surgically treated, simply and usually under local anesthesia, are:

**Ectropion:** eyelid turns outwards, exposing the red inner face of the eyelid, which is esthetically not attractive.

**Entropion:** eyelid turns inwards, and the eyelashes irritates the eye and provokes conjunctivitis



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**Upper eyelid ptosis:** condition in which one upper eyelid drops, causing reduced vision and asymmetry between the two eyelids.



# General information

## Before surgery :

Most eyelid surgery is done under local anesthetics and is usually pain free. The injections needed for the anesthetics may cause some discomfort, but no more than a visit to the dentist. There is no need to fast, you can eat normally prior to the surgery. You can take anti-anxiety medication should you be very nervous. In this case it is better to come accompanied. If you are taking anti-coagulants, please discuss this with your surgeon during the first visit.

## After the surgery :

You will be allowed to go home almost immediately after surgery. Your eye will not need to be covered. During the first few hours, you may have blurred vision, which is why it is best to not drive a car and leave the practice accompanied after surgery.

We recommend you rest on the day of surgery as well as the next day. After that, you can resume your daily activities, with as only caveat to not go swimming for one week after surgery. Swelling and hematoma's are very normal and will reduce during the first week after surgery. Usually hematoma's will take 2 weeks to fully disappear. When the anesthesia wears off you might have an uncomfortable feeling which will quickly disappear.



## Where will the surgery occur ?

Brussels Eye Doctors is located right next to the Montgomery Square, Boulevard Saint-Michel 12-16 in 1150 Woluwe-Saint-Pierre.

Appointments can be made by calling **+32-2-741.69.99**  
or sending an email to **info@vryghem.be**

Brussels Eye Doctors was founded by Dr. J.C. Vryghem and is equipped with all the latest technology, amidst 2 full equipped operating theatres, a room reserved for intra-ocular surgery and a laser room.

Brussels Eye Doctors aspires to be a modern and professional ophthalmology practice that distinguishes itself from other practices through the quality of its services and the medicine practiced. We care about patient satisfaction and a constant survey of our services.

### **ISO 9001: 2008 certified**

Brussels Eye Doctors obtained in July 2006 an ISO certification 9001: 2000/2008 after a thorough reorganization as well as multiple audits from Lloyd's Register Quality Assurance.

You can find more information on **www.brusselseyedoctors.be**  
or **www.vryghem.be**



## Who will be performing the surgery ?

Professor Pierre Vico graduated as a specialist in plastic and reconstructive surgery in 1993. He gained additional experience/ specialization in Belgium under Professor Madeleine Lejour and in Montréal, Canada under Professor Paul Delorme.

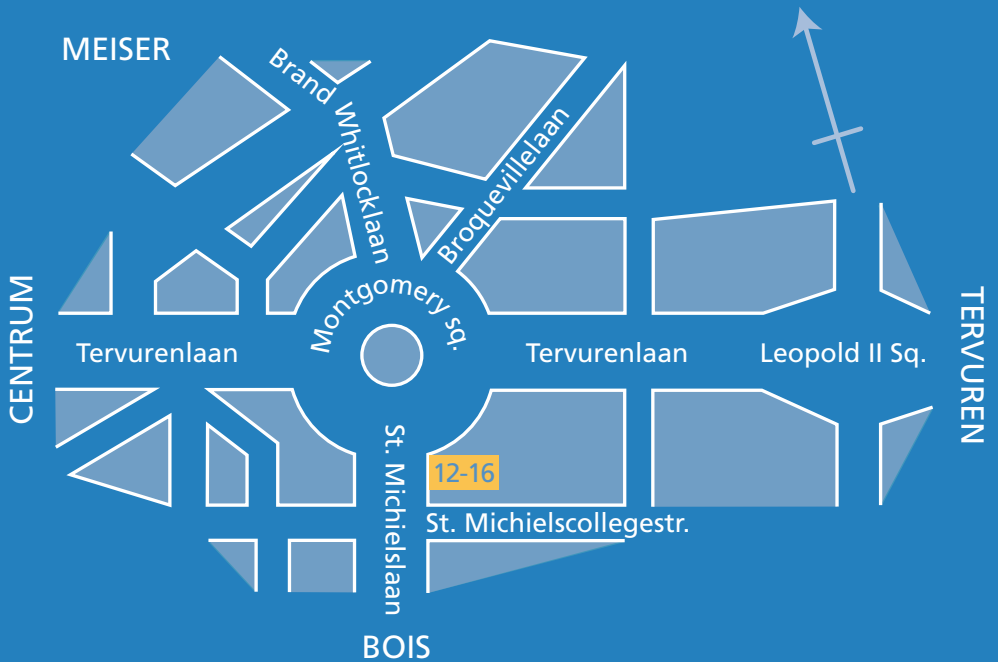


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He is currently Professor of plastic surgery at the medical faculty of the Université Libre de Bruxelles and head of the plastic and esthetic surgery department of the Clinique Saint Jean in Brussels.



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